



## SPORTS & FITNESS

### Co-ed T-Ball/Softball

Saturday, June 4-July 23

Ages 5-10

**Location:** Millbrook Community Center

**Registration:** May 6, 6-8pm., and May 7, 11am-4pm.,

May 9-13, 8:30 am-4:30 pm.

**Players Clinic:** Saturday, June 4 from 10:30am-12pm. for ages 7-8 at Millbrook Elementary, 12:30-2pm for ages 9-10 at Millbrook Elementary. Players will meet their coach and teammates, receive their t-shirt, and are introduced to the basic fundamentals of t-ball/softball.

**Cost:** \$60 (includes t-shirt, trophy, and pizza party)

**Teams:** Players are randomly placed on teams. You may request to be on the same team with two other players but you must register at the same time. We do not honor requests to be on a specific coaches team.

**COACHES NEEDED:** Volunteer coaches will need to attend a coaches meeting. The coaches meeting will be held on May 21 from 10-10:30am. State law requires fingerprinting of any adult who works with or has contact with minors. Results are confidential and there is no cost to the volunteer.

## Youth Activities Grant Fund

The City of San José Department of Parks, Recreation and Neighborhood Services has established a Youth Activities Grant Fund to expand recreational opportunities for disadvantaged youth. This fund allows disadvantaged youth to participate in classes, programs, and activities.

By donating to the Youth Activities Grant Fund, you will provide an underprivileged youth opportunities previously unavailable.

If you are interested in the program or to learn more about the Youth Scholarship Assistance Program, please contact your nearest PRNS Community Center or other PRNS Facility.



## Moreland-West San José Community Center

1850 Fallbrook Ave., San José 95130

**Phone:** 408-871-3820

**Fax:** 408-871-8165

**Supervisor:** Mary O'Meara

**Email:** mary.o'meara@sanjoseca.gov

**Bus Line:** 26

**Types of Programs:** Fee classes, open gym badminton, special events, wheelchair sports, and youth programs.

## DANCE

### Princess Dance Camp

**\$93**

Come one, come all to the Land of the Dancing Princesses. Be a part of this fun filled week, as you will be transformed into royalty! Learn how to dance like a princess, act in a special princess play and create wonderful princess treasures for you to keep. There will be a royal performance at the end of the week. Please wear pink dancing clothes each day and ballet shoes.

*Instructor: Bamberger*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.211	M-F	6/27-7/1	10am-12pm	4-9		MW
294.1.212	M-F	7/25-7/29	10am-12pm	4-9		MW

### Country Line Dance

**\$83**

Come and find out how much fun it is to Line Dance. Lessons are easy and provide great exercise. You don't need a partner or any experience to dance. You will learn classic line dances and popular new ones. Hard-soled shoes work best and be sure to bring a water bottle.

*Instructor: Muscolo*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.284	T	6/28-8/30	7:30-9pm	18+	10	MW
294.1.285	F	7/1-9/2	10-11:30am	18+	10	MW

### Salsa Dance

**\$77**

Salsa is the hottest Latin dance in the nightclubs today. Join this high-energy class, socialize, and have lots of fun. All the basics will be covered: Salsa rhythm, footwork, leading, following, patterns, shine steps, and pattern combinations. Come as a couple or alone; we will change partners periodically. **Location:** Moreland-West Rm2.

*No Class 7/4*

*Instructor: Taghipour*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.238	M	6/27-8/22	7:15-8:15pm	18+	8	MW

Keep the Activity Guide handy as a reference or recycle it by passing it along to a neighbor, friend or co-worker.



## EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 107.

### Tiny Tots

**\$244**

Introduce your child to new friendships, new concepts and lots of new fun! Weekly themes will be explored through various arts and crafts, stories, songs, games, lots of learning activities and age appropriate learning concepts. This class will help your child prepare for preschool and kindergarten. Classes are designed to promote independence, and improve social, cognitive, and movement skills. Child must be completely toilet trained, and able to participate for the whole class time. Parents are an important part of this program and are required to participate and provide snacks in the class at least two times during the session. **Location:** San Tomas Rm1.

*Instructor: Kyriakopoulos*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.363	T/Th	6/28-8/25	9-11:30am	3-4	18	ST

### Kinder Tots

**\$300**

What better way for you to introduce your child to new friends, learning concepts and socialization with their neighborhood peers. Weekly themes will be explored through various arts and crafts, stories, songs, games, lots of learning activities and age appropriate learning concepts. Children should have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is on fun. Child must be completely toilet trained, and able to participate for the whole class time. Parents are an important part of this program and are required to participate and provide snacks in the class at least two times during the session. **Location:** San Tomas Rm1.

No Class 7/4

*Instructor: Kyriakopoulos*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.362	M/W/F	6/27-8/26	9am-12pm	4-5	26	ST
294.1.364	M/W/F	6/27-8/26	1-4pm	4-5	26	ST

## MUSIC/THEATER ARTS

### Beginning Guitar

**\$64**

Beginning guitar is fun! In this self-paced, no pressure class, you will learn the basic chords, how to strum, introductions to picking and many easy songs to play with family and friends. It's up to you how far you want to go. Come and join the fun. Students must provide their own guitar. No. electric guitars please.

*Instructor: Marchese*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.425	W	6/29-8/17	6:30-7:30pm	7-15	8	MW

### Kindermusik® Summer Adventures: Our Time "Creatures at the Ocean"

**\$95**

Get ready for an adventure at the ocean! Sing sailor songs and listen to the sea sounds. Meet friends at the waterfront and in the deep blue sea, including the seagull, crab, dolphin, octopus, and whale. Make an origami boat and take a ride in the sheet-simulated waves... With engaging musical activities, including singing/ chanting, music and movement story, vocal play, listening, and instrument exploration, this curriculum encourages the building of self-confidence, curiosity, self-expression, social skills, and cooperation. Parents will have opportunities to take the lead in playing, dancing, and singing with their children in an unhurried manner and in their own special way. This class requires parent/caregiver participation. A \$36 material fee is Included.

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.420	F	7/1-8/12	9-9:30am	1.5-3	7	MW

### Kindermusik® Summer Adventures: "Confetti Days"

**\$120**

It's Confetti Days in town! We will march around in a parade, hop as a clown, ride a bike with the monkey, be on a carousel with the pony and giraffe, and play games that are all about circles! This is a theme-based class that integrates singing, listening, creative dancing, instrument exploration, storytelling, movement, and pretend play, conducted in an interactive way. Children will be encouraged to take an active role and express ideas with movement and music activities, which will nurture imagination and creativity. Simple musical concepts, such as fast/slow, high/low, and loud/soft will be introduced. This class requires parent/caregiver participation. A \$42 material fee is Included.

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.421	F	7/1-8/12	9:45-10:30am	3-5	7	MW

### Piano Keyboard - Level 1

**\$93**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones. **Location:** Moreland-West.

No Class 7/4, 9/5

*Instructor: Noteworthy Music*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.401	M	6/27-9/12	2:30-3:15pm	7-10	10	MW

### Piano Keyboard - Level 2

**\$93**

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.402	M	6/27-9/12	3:15-4pm	6-12	10	MW
294.1.403	M	6/27-9/12	4-4:45pm	6-12	10	MW
294.1.404	M	6/27-9/12	4:45-5:30pm	6-12	10	MW

### Piano Keyboard - Level 2 & 3

**\$93**

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.405	M	6/27-9/12	5:30-6:15pm	6-13	10	MW

## SPECIALTY CLASSES

## Beginning Photography \$60

Students in this program will learn to see as photographers and each child will receive his/her own camera to keep at the completion of class. The children are taught to discriminate about when to "click" and when to wait. The lessons include photographic basics, understanding are in general, composition, subject matter and lighting. The youngsters will create a portfolio of the works they make during the sessions. There is an additional cost of \$30 for supplies (non refundable).

*Instructor: Tapestry Arts*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.644	Th	6/30-8/4	4:30-5:30pm	8-12	6	MW
294.1.645	Th	6/30-8/4	5:45-6:45pm	13-16	6	MW

## Light Flight Model-Airplane Building \$66

Do you like building and designing things? This class will engage and challenge your mind and hands. You will build and fly free flight model airplanes under the supervision of experts in the field of aerodynamics. There is a \$25 class supply fee payable with registration. **Location:** Moreland-West Rm1.

*Instructor: Young*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.647	M	7/11-8/29	3:30-5:30pm	10+	7	MW

## Leisure Club West \$53

This club is a leisure education program designed to develop leisure awareness interests and social skills for individuals with developmental disabilities. Individuals must be able to understand simple directions and require minimal supervision. Snacks will be provided.

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.810	W	6/29-8/17	7-8:30pm	18+	8	MW

## ADULT CLASSES

## Adult Beginning Guitar \$64

Beginning guitar is fun! In this self-paced, no pressure class, you will learn the basic chords, how to strum, introductions to picking and many easy songs to play with family and friends. It's up to you how far you want to go. Come and join the fun. Students must provide their own guitar. No. electric guitars please.

*Instructor: Marchese*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.743	W	6/29-8/17	7:30-8:30pm	16+	8	MW

## SPORTS &amp; FITNESS

## Badminton \$69

Learn the fastest racquet sport! Basic fundamentals, techniques and skills of Badminton for all ages starting at age 6. Classes will be for beginners, intermediate and advanced students. Participants should wear proper attire: t-shirt, shorts, or warm-up pants and appropriate court shoes. Participants must bring their own badminton racquet, new birdies and a full water bottle to each class. **Location:** Moreland-West

*Instructor: Cai*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.512	Sa	7/9-8/27	4-5pm	6-10	8	MW
294.1.513	Sa	7/9-8/27	5-6pm	11-17	8	MW

## Kids Love Soccer \$74

**Tot Soccer (3.5-4yrs.)**- Young children will develop large motor skills while having fun running and kicking just like the big kids!

**Presoccer (4-5yrs.)**- Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment.

**Soccer 1 (5-6yrs.)**- Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually.

**Soccer 2 (7-8yrs.) & Soccer 3 (9-12yrs.)**- Play the exciting game of Soccer! Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situation, venture into the fun tactical side of scrimmaging. Players 7 – 12 years will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist. Attack and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer... where the score is always FUN to FUN! (Shin guards required after 1st meeting)

*No Class 7/4*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.946	M	6/27-8/22	9-9:30am	3.5-4	8	HW
294.1.947	M	6/27-8/22	9:30-10:05am	4-4.5	8	HW
294.1.948	M	6/27-8/22	10:05-10:50am	5-6	8	HW
294.1.949	M	6/27-8/22	10:50-11:35am	7-8	8	HW
294.1.950	M	6/27-8/22	10:50-11:50	9-12	8	HW

## Martial Arts \$79

The class teaches basic self defense moves: punching, kicking and striking. A terrific way to develop physical fitness and discipline. This class is a great activity for a parent and child or entire family to do together. Fee is per person enrolled with at least one parent and one child registered. You may enroll additional children in the Parent/Child class. **Location:** Moreland-West.

*Instructor: Martinez*

Course#	Day	Date	Time	Age	Mtg.	Loc.
<b>Beginner</b>						
294.1.741	W	6/29-8/17	4-5pm	6-13	8	MW
<b>Intermediate</b>						
294.1.742	W	6/29-8/17	5:05-6:05pm	6+	8	MW

*Moreland-West SJ Community Center  
continues on the next page*



## ADULT CLASSES

### Pilates \$57

Pilates is a type of body conditioning that used your own body's natural resistance to strength, tone and stretch your abdominal, back and leg muscles, improving your posture, building stronger and more flexible muscles and increasing your energy. Students need to bring a mat with them to class.

*Instructor: Camp Carter*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.520	T	6/28-8/16	6:15-7:05pm	16+	8	MW

### Sabre Fencing – New Longer class! \$89

EN GARDE! Learn the fun of the exciting sport of fencing! These classes will introduce you to one of the oldest Olympic sports in the world. Whether you are an adult or child, learn the fundamentals of sabre fencing, footwork, bladework, offensive and defensive maneuvers, get a great athletic workout at the same time. All equipment is included in the price of the class - no additional fees! You need only bring a water bottle, athletic clothing, non-skid athletic shoes, and the motivation to cross blades with your buddies (or your family). All instructors are professionally trained and certified. Are you ready? FENCE! **Location:** Moreland-West Rm 1.

*No Class 9/2, 9/3*

*Instructor: Carauddo*

### Beginner

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.587	F	8/5-9/16	6-7:15pm	8+	6	MW

### Intermediate/Advanced

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.588	Sa	8/6-9/17	6-7:15pm	8+	6	MW

### Sabre Fencing – Basic Staged Combat \$89

Fight, brawl, roll, jump & fuel your zeal! Action and "combat" are as much a part of dramatic history as dialogue and story. Learn to develop drama through simulated combat—explore weaponry, acrobatics, timing and variety, "blank" space, and much more. Learn to approach combat as an actor—fuel your zeal for the stage! All equipment is provided. A unique adventure unlike any other! Learn to work safely when maneuvering in staged combat with others, work closely with others to create small combat pieces and use your own musical pieces. Understand the meaning behind combat—its role in drama, approach combat from an artistic, yet practical point-of-view and improve your physical confidence altogether!

*No Class 9/3*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.584	Sa	8/6-9/17	4:15-5:30pm	8+	6	MW

### Sabre Fencing - Open Bouting \$45

Go for the gold! Students who have completed the Beginner/Basic course and have attended at least two class meetings of the Intermediate/Advanced course are welcome to join the open bouting class. Mini-tournaments, bouting, intense footwork and bladework drills abound in this more competitive-style class. For the serious fencer only! All equipment is provided by the instructor. Please bring a water bottle and wear athletic clothing, and non-skid athletic shoes. An electrical fencing jacket is recommended but not required (see instructor for details).

*No Class 9/2, 9/3*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.585	F	8/5-9/16	7-8pm	8+	6	MW
294.1.586	Sa	8/6-9/17	7-8pm	8+	69	MW

### Tennis \$73

Introduction to basic strokes, including forehand, backhand, overhead serve, lob, volley, as well as racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies will be taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. **Location:** Murdock Park

*Instructor: Cai*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.517	Sa	7/9-8/27	9-10am	5-7	8	MRC
294.1.518	Sa	7/9-8/27	10-11am	8-12	8	MRC

## SPORT LEAGUES

### Adult Basketball League

Basketball leagues run three seasons, Spring, Summer and Fall. Men's leagues for novice to skilled players are offered. Games are played Monday through Thursday at Alum Rock, Camden, Cambrian, Moreland-West and Alviso (San José) Centers. Games are scheduled for 7, 8, and 9pm. Times are subject to change. League registration fees include certified referees from Greensport, scorekeeper, balls and awards. An electronic game clock is also utilized. Contact City-Wide Sports Office for registration and questions at (408) 369-3900.

### Adult Basketball – Men's Competitive \$660

Course #	Day	Date	Time	Age	Mtg.	Loc.
381.4.502	M-Th	June-Sept	7-10pm	18+	8	TBD

### Adult Basketball – Men's Recreational \$660

Course #	Day	Date	Time	Age	Mtg.	Loc.
381.4.503	M-Th	June-Sept	7-10pm	18+	8	TBD

Por información en español, llamada 408-277-4000

Visit us on the web at [www.sanjoseca.gov/prns](http://www.sanjoseca.gov/prns) or  
email us at [PRNSinfo@sanjoseca.gov](mailto:PRNSinfo@sanjoseca.gov)



**Co-ed Basketball League** **\$38**

A win-win basketball league with emphasis on participation, fundamental skills, teamwork and sportsmanship in a pressure free environment. Participants will receive a team shirt, an award, and end of the season pizza party. Basketball CLINIC: Saturday, July 9. Game times will vary and schedules will be passed out at the clinic.

**Volunteer Coaches Needed!** If interested in being a volunteer coach please indicate it on the registration form and include your shirt size. A big part of the sports league's success is having volunteers to coach the teams! **Location:** Moreland West Gym

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.3.956	Sa	7/9-8/27	9:30-10:30am	5-6	8	MW
294.3.978	Sa	7/9-8/27	10:45-11:45am	7-8	8	MW
294.3.992	Sa	7/9-8/27	12-1pm	9-12	8	MW

**SKYHAWKS SPORTS PROGRAM****Mini-Hawk** **\$110**

An introductory program for young children, Mini-Hawk helps children explore soccer, baseball and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. Our Mini-Hawk coaching staff is trained to meet the special needs of young children. Staff are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant-to-coach ratio is approximately 8:1.

Mini-Hawk participants must bring:

- Shin Guards
- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle
- Shoes (running shoes are fine)
- Sunscreen

Mini-Hawk participants will receive:

- Mini-Basketball & T-shirt.

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.960	M-F	6/27-7/01	9am-12pm	4-7	5	Mise
294.1.961	M-F	7/11-7/15	9am-12pm	4-7	5	Mise

**Flag Football** **\$88**

A great way for kids to be introduced to football, a sport rich in tradition. And because it is flag football, the introduction is both safe and fun. Players learn valuable football skills -- catching, passing and deflagging as well as the rules and the strategies of offense and defense. Participant-to-coach ratio is approximately 14:1.

Flag Football participants must bring:

- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle (for programs four hours or less)
- Shoes (running shoes are fine)
- Sunscreen

Flag Football participants will receive:

- Football, T-Shirt and Player Evaluation form filled out by their coach.

*No Camp 7/4*

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.962	T-F	7/5-7/8	9am-12pm	7-14	4	Mise

**Baseball** **\$131**

Tailored to beginning and intermediate players, this program teaches skills required for success in youth baseball. We have found that the use of safety bats and balls has helped to strengthen the spirit and pace of the game, while maintaining safety. Participant-to-coach ratio is approximately 12:1.

Baseball participants must bring:

- Baseball Glove (Please have your name and phone number marked on the glove.)
- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Lunch, Snack & Water Bottle (for programs over four hours)
- Shoes (running shoes are fine)
- Sunscreen

Baseball participants will receive:

- Baseball, T-shirt & Player Evaluation form filled out by their coach.

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.963	M-F	7/18-7/22	9am-3pm	6-12	5	Mise

**SUMMER CAMP****Summer Day Camp** **\$158**

This program consists of four (4) two week sessions. Each participant will receive a camp t-shirt, free admission and transportation for all trips, a "Session Memory Book", and an end of session BBQ. Campers will enjoy a structured program consisting of arts & crafts, sports, games, and each session will have a theme week. Each participant needs to bring a bag lunch every day. All individuals registering for camp must have reached the minimum age specified on or before the first day of camp. This program is recreational in nature and is not a licensed day care. **SPACE IS LIMITED TO 100 PARTICIPANTS PER SESSION. Location:** Calabasas Park ~ 1207 S. Blaney Ave., San Jose, 95129

**Note:** Trip days may begin earlier and/or end slightly later. A notice will be sent home with campers.

*There will be no camp on Monday, July 4.*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.901	M-F	6/27-7/8	10am-4pm	6-12	9	RB
294.1.902	M-F	7/11-7/22	10am-4pm	6-12	10	RB
294.1.903	M-F	7/25-8/5	10am-4pm	6-12	10	RB
294.1.904	M-F	8/8-8/19	10am-4pm	6-12	10	RB

**Extended Hours Program** **\$48**

This program is designed to give working parents the opportunity to bring their child(ren) before work and pick them up after work. Children will receive FREE breakfast, play games, and much more. Space is Limited.

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.905	M-F	6/27-7/8	8-10am	6-12	9	RB
294.1.906	M-F	6/27-7/8	4-6pm	6-12	9	RB
294.1.907	M-F	7/11-7/22	8-10am	6-12	10	RB
294.1.908	M-F	7/11-7/22	4-6pm	6-12	10	RB
294.1.909	M-F	7/25-8/5	8-10am	6-12	10	RB
294.1.910	M-F	7/25-8/5	4-6pm	6-12	10	RB
294.1.911	M-F	8/8-8/19	8-10am	6-12	10	RB
294.1.912	M-F	8/8-8/19	4-6pm	6-12	10	RB

*Moreland-West SJ Community Center  
continues on the next page*



## SUMMER CAMP

### Basketball Camp \$58

Come learn the fundamentals of basketball, as well as more advanced skills as the camp progresses. The basics such as dribbling, passing, shooting, footwork, screening and strategies will be taught. **Location:** Moreland-West Community Center Gym.

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.1.920	M-F	6/27-7/8	10:15am-12:15pm	8-10	10	MW
294.1.921	M-F	6/27-7/8	12:30-2:30pm	11-14	10	MW
294.1.922	M-F	7/11-7/22	10:15am-12:15pm	8-10	9	MW
294.1.923	M-F	7/11-7/22	12:30-2:30pm	11-14	9	MW
294.1.924	M-F	7/25-8/5	10:15am-12:15pm	8-10	10	MW
294.1.925	M-F	7/25-8/5	12:30-2:30pm	11-14	10	MW
294.1.926	M-F	8/8-8/19	10:15am-12:15pm	8-10	10	MW
294.1.927	M-F	8/8-8/19	12:30-2:30pm	11-14	10	MW

### Kids love Soccer Camp \$78\*/\$98

Kidz 3.5-12 years of age learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is always fun to fun."™ Log onto [WWW.KIDZLOVESOCCER.COM](http://WWW.KIDZLOVESOCCER.COM) for more information. (Shin guards required after 1st meeting)

#### Half Day camps:

Participants will learn the basic and advanced techniques of soccer and compete in an age-appropriate "world cup" tournament. Dribbling, passing, receiving and shooting will be presented to 8year old and younger players; advanced dribbling moves, tactical team aspects (i.e. possession, combination play), attacking the goal as a unit will be taught to players 9 years and above.

- Each child will receive a soccer ball and summer camp t-shirt.
- Half day campers should bring a full water bottle and a snack.
- All day campers should bring a full water bottle (1.5 liter minimum), a bag lunch, a swimsuit for water play, and a beach towel.

ALL PARTICIPANTS MUST WEAR SHIN GUARDS, SOCCER SHOES AND SUNSCREEN ARE RECOMMENDED.

Course#	Day	Date	Time	Age	Mtg.	Loc.
294.1.940	M-F	7/18-7/22	9-10:30am	5-6*	5	SB
294.1.941	M-F	7/18-7/22	9am-12pm	7-8	5	SB
294.1.942	M-F	7/18-7/22	9am-12pm	9-12	5	SB
294.1.943	M-F	8/1-8/5	9-10:30am	5-6*	5	SB
294.1.944	M-F	8/1-8/5	9am-12pm	7-8	5	SB
294.1.945	M-F	8/1-8/5	9am-12pm	9-12	5	SB

## COMMUNITY NIGHTS

In the Moreland-West Gymnasium.

Pick up monthly drop in schedule at Moreland-West San José Community Center

### Drop in Badminton

Saturday Evenings • Fee: \$3.00

Session I - 6:30-8pm • Session II - 8:30-10pm

No Spectators

### Drop in Flight

Monday Evenings • Fee: \$3.00

Session I - 6:30-8pm

### Friday Night Open Gym for Youth 6:30-9pm

The Moreland-West San José Community Center offers a free open gym program for youth. Come join friends (and make new ones) for fun games on Friday nights. Activities can include basketball, board games, and a social area. **Location:** Moreland-West Gym. Middle School/High School students welcome (School I.D. required)

## SPECIAL EVENT

### YOUTH ADVISORY COUNCIL

Want to be a leading advocate for youth? Or want to stock up on community service hours? How about socializing with other youth from all over the district? We're currently helping to design our new teen center at Starbird! Ask for Christina Liu at (408)277-2744.

### West San José Old Fashioned Independence Day Celebration

#### Annual Parade of Bikes, Wagons, Strollers and Scooters

Saturday, July 2 2005 • Starts at 10am Parade begins at 12pm

Moreland-West San José Community Center • 1850 Fallbrook Avenue (corner of Campbell Ave. & Fallbrook Ave.)

Come join your neighbors in the food, games and Summertime fun. Events will include the parade, watermelon seed spitting contest, water games, pie eating contest, and special indoor events for children under 5. Bring your bike, scooter, stroller or wagon (or other "people powered" form of transportation) and we'll provide the supplies for you to decorate it for the parade. Come one, come all, come early! Look for more information & registration at the Center! Call 408-871-3820.

### Council District 1

#### Family Fun Festival at San Tomas Park

4093 Valerie Drive, San José

Saturday, September 17 • 12-3pm

Come join in the food, games, arts and crafts, music and all around Family Fun for everyone to enjoy.

## DROP-IN RECREATION

### SJAS Summer Drop-In Recreation

Summer Drop-In Recreation activities include arts and crafts, games, sports, special events, and much more! Registration forms are available on site. This is a drop-in recreation program and not a licensed childcare. A fee may apply. **Location:** Starbird Center ~ 1050 Boynton Avenue, San Jose, CA 95117. No recreation on 7/4/05.

Grades	Day	Date	Time	Loc.
1st-5th	M-F	6/27-8/19	9:30am-2pm	SP

## STARBIRD TEEN CENTER

Activities include ping pong, pool tables, tournaments, games, sports, arts & craft, field trip, special events and much more. Come meet new people or just hang out! A nominal fee will apply to field trips. **Location:** Starbird Center ~ 1050 Boynton Avenue, San Jose, CA 95117. No recreation on 7/4/05.

Grades	Day	Date	Time	Loc.
Middle & High School	M-F	6/27-8/19	2:30-6:30pm	SP

### Friday Night Open Gym 6:30-9pm

City of San José Moreland-West Community Center offers a free open gym program for Middle School and High School students. Come join friends (and make new ones) for fun on Friday nights. Activities include basketball, board games, and a social area. **Location:** Moreland-West Community Center Gym

## VOLUNTEER SAN JOSE

**Interested in volunteering?** There are dozens of opportunities for families, community groups, neighborhood, business and employee associations and residents of all ages to volunteer as a group, or individually. You can prune roses, read to children, pick up litter, paint over graffiti, work with animals, help at Christmas in the Park or run a giant Monopoly game... to just name a few! Your time commitment can be as much or as little as you can spare. Call "Volunteer San José" at 408-277-4000 and join thousands of others who are connected to the community. Get involved, become a Volunteer!

## YOU CAN MAKE A DIFFERENCE!

## Olinder Neighborhood Center

848 East William Street, San José, 95116

**Phone:** 408-277-5189

**Supervisor:** Tony Torres

**Email:** [tony.torres@sanjoseca.gov](mailto:tony.torres@sanjoseca.gov)

**Types of Program:** Elementary, rental, brown bag, food program

The Olinder Neighborhood Center offers programming in partnership with several non-profit organizations and neighborhood based groups from our community. Schedules of current programming can be obtained by visiting the center.

### FACES Program

Did you know that many common household chemicals can be the source of rashes and other reactions among newborns? The Silicon Valley Toxics Coalition, in collaboration with the Olinder Neighborhood Center, offers eight week courses on environmental awareness that are free to the community. It's primary goal is to help residents understand the dangers of every day chemicals in and around their home, and help parents identify and keep those chemicals away from young children. Classes are conducted in English and Spanish. Contact the Olinder Neighborhood Center to enroll.

### MACSA Latch Key Program

The Mexican American Community Services Agency partners with the City of San José and Olinder Elementary School to offer a safe place for elementary aged youth to go to for after school supervision through 6:00 pm. Literacy, education, and nutrition are the focus of this program. Youth are accepted on a first come, first serve basis. To enroll, contact Eva Chavez at the Olinder Neighborhood Center.

### Northside Theater Company

Northside Theatre Company (NTC), located at the Olinder Neighborhood Center, is currently in its 26th season and receives national attention for new play development while leading the way in re-defining the integrity and importance of small theatre organizations and their critical importance to the development of industry standards and emerging artists. Committed to theatre for all people, without regard to age, race, creed, culture or physical abilities, Northside is devoted to the manifestation of the human spirit by creating dramatic art through heart, collaboration and exploration. Northside offers a special Shakespeare Sundays series from 1-4pm on select Sundays. Anyone may attend these free workshops. If you have always wanted to read Shakespeare, develop your skills, or prepare for an audition. Phone the Northside office at 408-288-7820, Tues-Fri 12-5pm and reserve a space.

*Olinder Neighborhood Center continues on the next page*